

Beauty Booster Smoothie

Did you know? Bananas and avocados are considered to be true berries!

We love these fruits because of their high vitamin C and antioxidant content, which supports skin health and natural collagen production. Add a scoop of **CanPrev's Collagen Beauty Powder** to dial up the collagen boost, and glow all day long.



Preparation time: 5 mins | Servings: 1



Ingredients

- ½ cup strawberries
- ½ cup blueberries
- ½ avocado
- 1 banana
- 1 tbsp ground flax seeds
- 1 ½ cup plant-based milk
- 1 scoop Collagen Beauty Powder

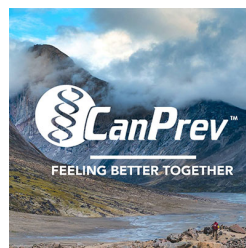
Method

1. Add all ingredients to a blender, and blend until smooth.
2. Pour into a glass, and enjoy!

Featured Products



Developed by: CanPrev Team



The CanPrev team believes in nourishment with nutritious whole foods. For added support to our healthy and active lifestyles, we reach for high-quality, effective supplements!

