# Fertility-Friendly Raspberry Mojito Mocktail

Looking for an alcohol-free and fertility-friendly summer cocktail? Enjoy this Fertility-Boosting Raspberry Mojito Mocktail filled with ingredients that taste amazing and have functional benefits to optimize reproductive health.

Featuring **CanPrev's Prime Fertility**, each refreshing sip helps balance hormones to prime your ovulation phase with ingredients like Inositol, CoQ10, NAC, folate, chastetree extract, and more. Enjoy at any time of day to increase the chances of successful conception.



Preparation time: 5 mins I Servings: 2











## **Ingredients**

- 1 cup fresh raspberries
- 1 cup sparkling water
- ½ cup filtered water
- 2 limes
- Handful of fresh mint leaves
- Ice cubes
- 1 scoop Prime Fertility

### **Method**

- 1. In a blender, add raspberries, chopped limes (with skin), Prime Fertility, mint leaves, and filtered water.
- 2. Blend until smooth.
- 3. Fill two glasses with ice cubes. Pour blended mixture over ice and divide sparkling water evenly among the two glasses. Gently stir to combine and garnish with fresh mint leaves and lime slices. Enjoy!

### **Featured Products**



#### **Developed by: Marilia Pereira**



As a Holistic Nutritionist and Culinary Nutrition Expert, Marilia helps clients achieve optimal health through meal plans, clinical iridology, nutritional consultations, workshops and seminars.

