

French Vanilla Collagen Creamer

Loving collagen in your coffee? Try this silky dairy-free French Vanilla Collagen Creamer to sweeten things up!

The addition of **CanPrev's Collagen Full Spectrum Powder** delivers whole-body benefits by increasing collagen production throughout the body. You'll notice glowing skin, healthy nails, improved joint mobility, increased muscle strength, and reduced bone loss. Start your day with a boost of nutrition, by nourishing your body from the inside out.



Preparation time: 10 mins | Servings: 20



Ingredients

- ½ cup cashews
- 1 cup filtered water
- 1 Medjool date
- ½ tsp vanilla extract
- Pinch of Himalayan pink salt
- 4 scoops of Collagen Full Spectrum

Method

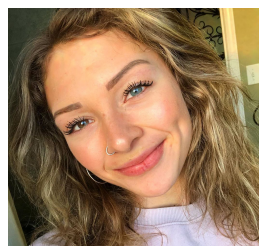
1. Soak cashews in hot water for one hour or overnight, until soft.
2. In a high-speed blender, combine all the ingredients except collagen, and blend on high for three minutes, until smooth.
3. Using a fine sieve or nut milk bag, pour the creamer into a glass jar to strain the pulp.
4. Stir in collagen until dissolved.

Storage Instructions: Store in an airtight jar in the fridge for up to 2 weeks. Shake well before using.

Featured Products



Developed by: Nicole Bowman



As a fitness and health enthusiast, Nicole combines her background in Human Nutrition with her passion for cooking to create delicious treats with functional benefits.

